

### RELAXING PARDUBICKO

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www.TOPardubicko.cz

Dear lovers of rest and relaxation,

Welcome to Pardubicko, the ideal place for a peaceful and caréfree holiday.

and has a lot to offer for lovers Peat spas, countless beautiful city parks, countryside walks of historic towns, an excellent services and plenty of cultural museums, theatres and the chamber philharmonic all these can be found in Pardubicko. Come and be inspired and enjoy a relaxing and laid-back



#### Contents



LÁZNĚ **BOHDANEČ** – A JEWEL AMONGST **SPAS** 



Lázně Bohdaneč is a picturesque town near Pardubice and also the only spa town in the Pardubice region. The spa peat beds cover 42 ha and are estimated to be 4 000 years old. The spa opened back in 1897. The main treatment procedure at that time was a peat bath. The town acquired the status of a spa town in 1963. It treats musculoskeletal diseases, obesity, overweight, postoperative

and posttraumatic conditions. However, Lázně Bohdaneč is also a popular place for a relaxing stay. **Surrounded by countryside**, the spa town can also be reached by Pardubice public transport, so it is easy to visit for a rest. Lázně Bohdaneč has an enchanting atmosphere.



Lázně Bohdaneč – aerial view





The **architecture** of Lázně Bohdaneč is linked to the famous **Josef Gočár**, whose most acclaimed buildings include the **Gočár Pavilion**. This is the most important cubist building in the country. The three separate pavilions of the Healing Spa are linked by a covered colonnade, the only one of its kind in the country. You can admire Josef Gočár's buildings on a walk along the **Gočár Trail**, which leads all through the town, starting and ending at Masarykovo náměstí; one stop is in the beautiful spa park. Lázně Bohdaneč is an ideal place to relax. Josef Gočár's architecture can also be admired elsewhere in Pardubicko; **modern architecture** is one of the highlights of Pardubicko and Pardubice itself. Lázně Bohdaneč is ideal for **lovers of nature** and walks. The flat countryside is very inviting for quiet walks, undemanding cycling tours on the marked trails, or for horse riding. The area is characterised by its **many ponds**. Bohdaneč Pond and its surroundings are a **national nature reserve**. The 250 hectares are home to many rare nesting birds, best seen from the **ornithological observatory**. The spa town also offers an **excellent cultural programme** and a wide **range of social events**. Throughout the season there are travel talks and creative workshops, guided tours of the spa complex, dance evenings and open-air concerts, and these attractions don't end with the summer.

### PARDUBICKO AND ITS TRADITIONS



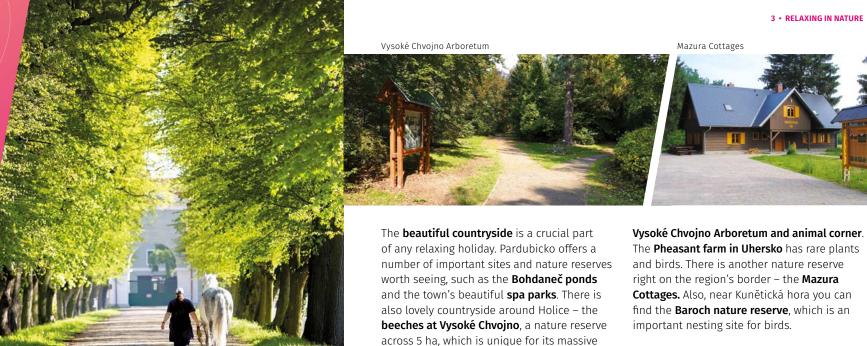
Kingdom below Kunětická hora, to learn more about gingerbread. There are also regional products based on quality, local origin and environmental production. These are guaranteed in Pardubicko by the labels PERNŠTEJN REGION regional product® and IRON MOUNTAINS regional product® - they are available from shops or directly from the

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Horses are an essential part of Pardubicko, as proven by Pardubice's emblem – a white half-horse, whose history dates back to the 12th century, to Ješek of Pardubice. Pardubice is also home to the world-famous Velká Pardubická Steeplechase, which was first run in 1874. 6900 metres, 31 obstacles and the notorious Taxis Ditch – we recommend visiting one of the races and also seeing the race **course** in Pardubice. One unique attraction is the **National Stud Farm in Kladruby nad Labem** – one of the world's oldest stud farms and home to the oldest original Czech breed of horse – the **Old Kladruber**. You're sure to love the atmosphere of the farm and beauty of these horses. Pardubicko is not just famous for gingerbread and horses, but also for brewing, which is now seen as a tradition. The credit for the famed **Pardubice beer** lies with **Vilém of Pernštejn**. Try an excursion to see Vilém's legacy as well as how beer is now brewed. Don't miss a visit to **Pardubice brewery**. The region's rich history means there are many cultural sights in Pardubicko. These include the **historical**  town centre and Gothic-Renaissance chateau in Pardubice, the castle and also the highest peak in the area, Kunětická hora, and the magical Baroque chateau in Choltice. History and tradition are everywhere in Pardubicko, helping to brighten up your stay and offering plenty of cultural opportunities.





beech trees. It is certainly worth visiting the

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Another of the region's gems is **Choltice** game reserve, which connects to the **chateau park** and contains spectacular oaks, beeches and ash trees. At Valy don't miss the **Struha Meanders** natural monument. The foothills of the Iron Mountains offer a unique site – the National Geopark. Visit the **Raškovice quarries** trail with its six stops, the **Barborka** lookout tower or the **Brloh** geo-site, mapping the history of our country! **Pardubice** offers several places to rest and relax very close to its monuments. It is proud of the care it takes of the **town parks**, so these are an **oasis of tranquillity in the centre of town** – including **Park Na Špici**, which is where the **Labe** meets the **Chrudimka**, and hosts many sports events. We must mention **Bubeníkovy sady**, a public park with the beautiful lily-covered **Matiční lake**. A relic dating from the 15th century, when **Vilém of Pernštejn** had the castle converted into a chateau, are the **chateau walls**, which are a must-see when touring Pardubice Chateau. Now, with **Tyršovy sady**, the chateau walls are a green oasis of tranquillity in the centre. You can also relax in the **Natura Park**  garden near the Chrudimka in the centre of Pardubice.

You can also relax and take a walk while playing at one of the two large golf resorts in Pardubicko – **Golf resort Kunětická Hora** and **ERA Golf Lázně Bohdaneč**. If you've always fancied golf, both courses offer lessons for beginners as well as experienced players.

## **TOWN CIRCUIT** WALKS



through the town. The first trail linking important places in Pardubice is the **Vilém of** Pernštejn Trail. 10 stops across 2.5 kilometres present the most beautiful sights in the historical town centre Since 2012 lovers of modern history can enjoy Pardubice on the Trail of Silver A – the last route of Alfréd Bartoš, a trail presenting several places

Vilém of Pernštejn Trail

associated with Silver A and the fates of the main protagonists.

Silver A Trail

Don't miss the famous **Gočár Trail**, either. This is 5 km long and includes 14 stops. This walk on easy terrain is ideal for anyone wanting to see the remarkable sights and buildings of Lázně Bohdaneč. Come and enjoy a calm and soothing atmosphere.

# IN SEARCH **OF CULTURE**



5 • IN SEARCH OF CULTURE

Dům U Ionáše



Culture vultures must visit the **Pardubice East Bohemian Theatre**, which is Pardubicko's most prestigious cultural venue. Both the interior and exterior of the theatre underwent costly refurbishment in 2002–2003, which restored the theatre to its original Art Nouveau glory. The stage now again features the restored painted curtain and the chandelier in the auditorium was made according to Balšánek's original designs. The East Bohemian Theatre plays in the **Municipal Theatre** and the **Small Theatre in the Courtyard** and in summer uses the amphitheatre at **Kunětická hora** castle. Every year the theatre hosts around eight premieres and its repertoire strives to satisfy a diverse range of tastes. One true gem is the **Pardubice Chamber Philharmonic**, one of the leading Czech orchestras, which is a smaller symphony ensemble of the Haydn-Mozart type. As Pardubicko's principal professional orchestra it plays an essential role in the musical life of the entire region. In Pardubice it organises concerts mainly in the **Suk Hall of the Music House** in Pardubice We must also mention **Barocco sempre giovane**, a chamber ensemble comprising leading young professional musicians, which specialises in interpreting High Baroque works. Barocco sempre giovane holds the **Pardubice Music Spring** as well as concerts, mostly in the **Knights' Hall** at **Pardubice Chateau**.

#### Tourist area Pardubicko



### **Tourist Information Centers of Pardubicko**

#### Turistické informační centrum Pardubice

náměstí Republiky 1 530 02 Pardubice Tel.: (+420) 466 768 390, (+420) 775 068 390 www.ipardubice.cz

#### Městsko-lázeňské informační centrum Lázně Bohdaneč, o.p.s.

Pernštýnská 117 533 41 Lázně Bohdaneč Tel.: (+420) 774 444 234 ic.bohdanec.cz

#### Kulturní a informační centrum města Přelouče

Masarykovo náměstí 26 535 01 Přelouč Tel.: (+420) 739 480 292 www.kicmp.cz

Informační centrum – Kulturní dům města Holic

Holubova 768 534 01 Holice Tel.: (+420) 466 920 476 www.kdholice.cz

#### Turistické informační centrum Zdechovice Zdechovice 96 533 11 Zdechovice Tel.: (+420) 606 660 236 www.zdechovice.cz

#### Informační centrum Děda Vševěda

V Perníkové chaloupce 38 533 52 Ráby Tel.: (+420) 466 612 474, (+420) 602 413 134 www.pernikova-chaloupka.cz

#### Informační centrum Národní hřebčín Kladruby nad Labem, s.p.o.

Kladruby nad Labem 1 533 14 Kladruby nad Labem Tel.: (+420) 601 191 580 www.nhkladruby.cz

#### Founders of the Society











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